



Lunch Menu - ELEMENTARY

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|--|--|--|--|---|--|--|--|--|--|
| <p>☑ = REPRESENT VEGETARIAN ENTRÉE 🌾 = REPRESENT WHOLE GRAIN Milk offered at each meal: 1% White, 1% Strawberry, FF Chocolate, or FF Lactose Free Manager has the choice to Serve: <i>*Optional Weekly Entrée:</i> Peanut Butter & Jelly Pocket ☑🌾 and/or Breaded Chicken Nuggets <i>**Optional Weekly Entrée:</i> Peanut Butter & Jelly Pocket ☑🌾 /or Whole Grain Breaded Chicken Sandwich 🌾 <i>Optional Daily Side:</i> Spinach Salad Seasonal Fruit – Fresh Apple Slices, Banana, Fresh Cut Cantaloupe, Fresh Cut Honeydew, Orange Citrus Smiles, Seedless Red Grapes Menus are Subject to Change</p> | | | | <p>1 Deluxe Meat & Cheese Sauce Deli Turkey Submarine on Wheat 🌾 <i>Optional Weekly Entrée *</i> Baked Tortilla Chips Fresh Baby Carrots Seasonal Fruit</p> | | <p>2 Sliced Pepperoni Pizza Vegetarian Sweet & Sour with Brown Rice ☑🌾 <i>Optional Weekly Entrée *</i> Celery Sticks Frozen Chocolate Cup Seasonal Fruit</p> | | <p>3 Breaded Fish Nuggets with Green Beans Macaroni Au Gratin ☑ <i>Optional Weekly Entrée *</i> Oven Roasted Potato Wedges Strawberry Cup Seasonal Fruit</p> | |
| <p>6 LABOR DAY HOLIDAY</p> | | <p>7 Spaghetti & Meatballs Yogurt Trio Plate ☑ <i>Optional Weekly Entrée **</i> Corn on the Cob Crisp Broccoli Bites Seasonal Fruit</p> | | <p>8 Italian Calzone with Turkey Pepperoni Cheese Ravioli with Sauce ☑ <i>Optional Weekly Entrée **</i> Café LA Baked Apples Fresh Baby Carrots Seasonal Fruit</p> | | <p>9 Beef Chalupa Bean & Cheese Burrito ☑ <i>Optional Weekly Entrée **</i> Shredded Lettuce & Tomato Frozen Fruit Cup Seasonal Fruit</p> | | <p>10 Parmesan Lasagna Toasted Cheese Sandwich ☑🌾 <i>Optional Weekly Entrée **</i> Fresh Apple Slices Edamame Seasonal Fruit</p> | |
| <p>13 Café LA Chicken & Cheese Enchiladas 🌾 Bean & Cheese Burrito ☑ <i>Optional Weekly Entrée *</i> Crisp Broccoli Bites Chilled Applesauce</p> | | <p>14 Charbroiled Beef Patty with Crisp Baked Potato Rounds Toasted Cheese Sandwich ☑🌾 <i>Optional Weekly Entrée *</i> Whole Wheat Bun 🌾 Cucumber Coins / Seasonal Fruit</p> | | <p>15 Deluxe Meat & Cheese Sauce Deli Turkey Submarine on Wheat 🌾 <i>Optional Weekly Entrée *</i> Baked Tortilla Chips Fresh Baby Carrots Seasonal Fruit</p> | | <p>16 Sliced Pepperoni Pizza Vegetarian Sweet & Sour with Brown Rice ☑🌾 <i>Optional Weekly Entrée *</i> Celery Sticks Frozen Chocolate Cup Seasonal Fruit</p> | | <p>17 Breaded Fish Nuggets with Green Beans Macaroni Au Gratin ☑ <i>Optional Weekly Entrée *</i> Oven Roasted Potato Wedges Strawberry Cup Seasonal Fruit</p> | |
| <p>20 Breaded Chicken Nuggets with Whole Wheat Roll 🌾 Oven Baked Pizza ☑ <i>Optional Weekly Entrée **</i> Oven Baked Crinkle Cut Fries Peach Cup / Seasonal Fruit</p> | | <p>21 Spaghetti & Meatballs Yogurt Trio Plate ☑ <i>Optional Weekly Entrée **</i> Corn on the Cob Crisp Broccoli Bites Seasonal Fruit</p> | | <p>22 Italian Calzone with Turkey Pepperoni Cheese Ravioli with Sauce ☑ <i>Optional Weekly Entrée **</i> Café LA Baked Apples Fresh Baby Carrots Seasonal Fruit</p> | | <p>23 Beef Chalupa Bean & Cheese Burrito ☑ <i>Optional Weekly Entrée **</i> Shredded Lettuce & Tomato Frozen Fruit Cup Seasonal Fruit</p> | | <p>24 Parmesan Lasagna Toasted Cheese Sandwich ☑🌾 <i>Optional Weekly Entrée **</i> Fresh Apple Slices Edamame Seasonal Fruit</p> | |
| <p>27 Café LA Chicken & Cheese Enchiladas 🌾 Bean & Cheese Burrito ☑ <i>Optional Weekly Entrée *</i> Crisp Broccoli Bites Chilled Applesauce</p> | | <p>28 Charbroiled Beef Patty with Crisp Baked Potato Rounds Toasted Cheese Sandwich ☑🌾 <i>Optional Weekly Entrée *</i> Whole Wheat Bun 🌾 Cucumber Coins / Seasonal Fruit</p> | | <p>29 Deluxe Meat & Cheese Sauce Deli Turkey Submarine on Wheat 🌾 <i>Optional Weekly Entrée *</i> Baked Tortilla Chips Fresh Baby Carrots Seasonal Fruit</p> | | <p>30 Sliced Pepperoni Pizza Vegetarian Sweet & Sour with Brown Rice ☑🌾 <i>Optional Weekly Entrée *</i> Celery Sticks Frozen Chocolate Cup Seasonal Fruit</p> | | | |